

YOUTH MENTORSHIP INITIATIVE

Basics of HIV



Definition

- HIV is Virus
- Attacks Immune System

Transmission

- Blood
- Genital Fluids
- Breast Milk

Prognosis

- Without treatment → AIDS
- With treatment and early detection = Long Healthy Life

Why have HIV Programs?

PT Foundation Works with At-Risk Groups



Men-who-have
sex with Men
(MSM)

Transgenders

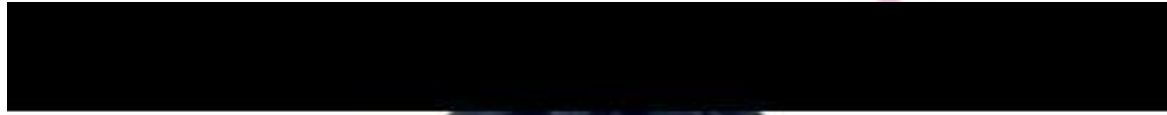
Substance
Users

Sex Workers

Refugees

HIV-Positive
Individuals

Corporate Video



Innovative Planning and Programs



Community Based Testing

Social Enterprise

Capacity-Building for CBOs

Needle Exchange Program

Youth Mentorship Initiative

2nd Chance Program

**Objective
1**

School-going children complete secondary school and pursue further certification.

**Objective
2**

Children who have already dropped out of school either go back to school or prepare for vocational training.

**Objective
3**

All children delay pregnancy until they become financially independent.

**Objective
4**

All children do not use drugs, including but not limited to heroin, glue, and meth.



Video – Our Approach

Cross-Disciplinary Approach

- **Counselor**
- **Psycho-social Mentors**

Counseling

Child

Academic Coaching

Welfare Assistance

- **Academic Coordinator**
- **Academic Mentors**
- **Sunday Tutors**

- **Social Worker Interns**
- **Financial Assistance**
- **Referrals to Services**



Main Activities



Sunday: Community Gathering

Group Therapy for Mothers

Tuition and Activities for Children

Weekdays: Home and Office Visits

Psycho-social Mentoring

Academic Mentoring

Social Worker Visits

Structure of Mentoring Program



Academic
Mentoring

Undergraduate
Students

Fields Include
Psychology,
Education, Etc.

Psycho-
Social
Mentoring

Masters in
Counseling
Students

Undergraduate
in Counseling

Masters in
Clinical
Psychology

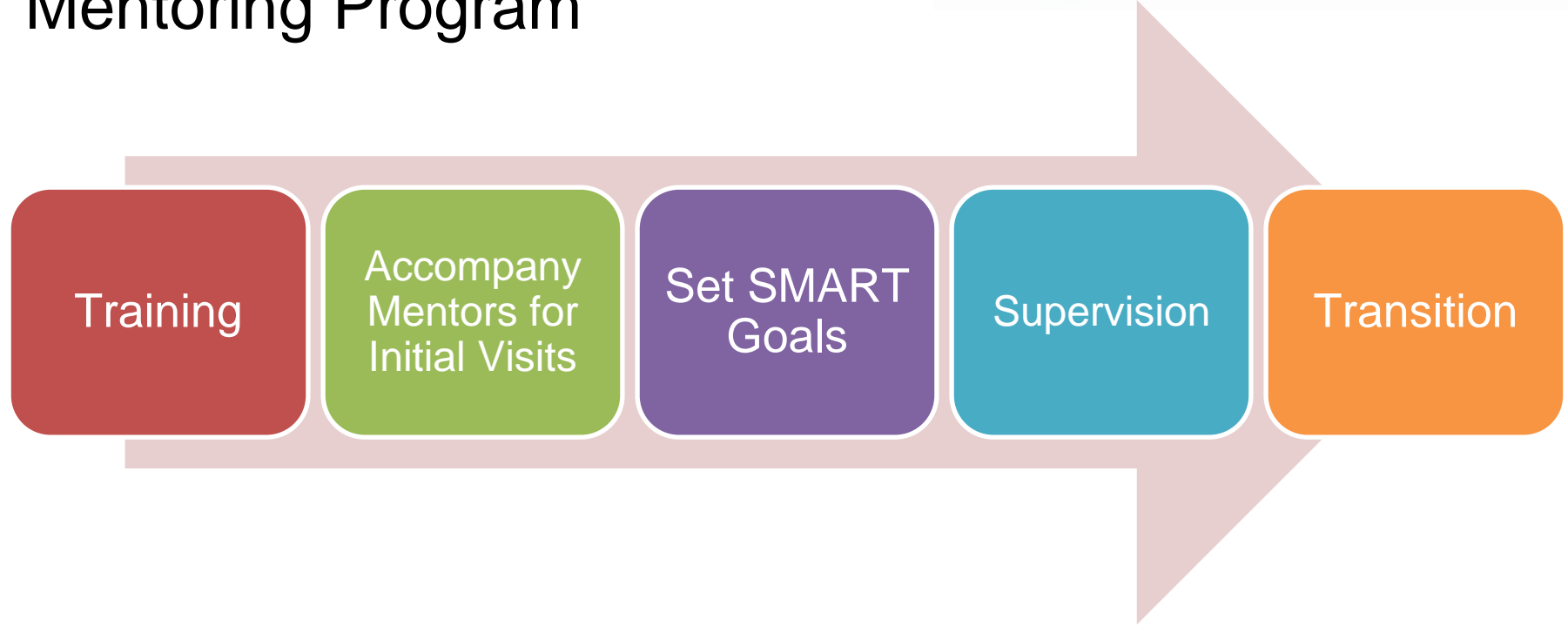
Academic Mentoring: Growth Mind-Set Theory



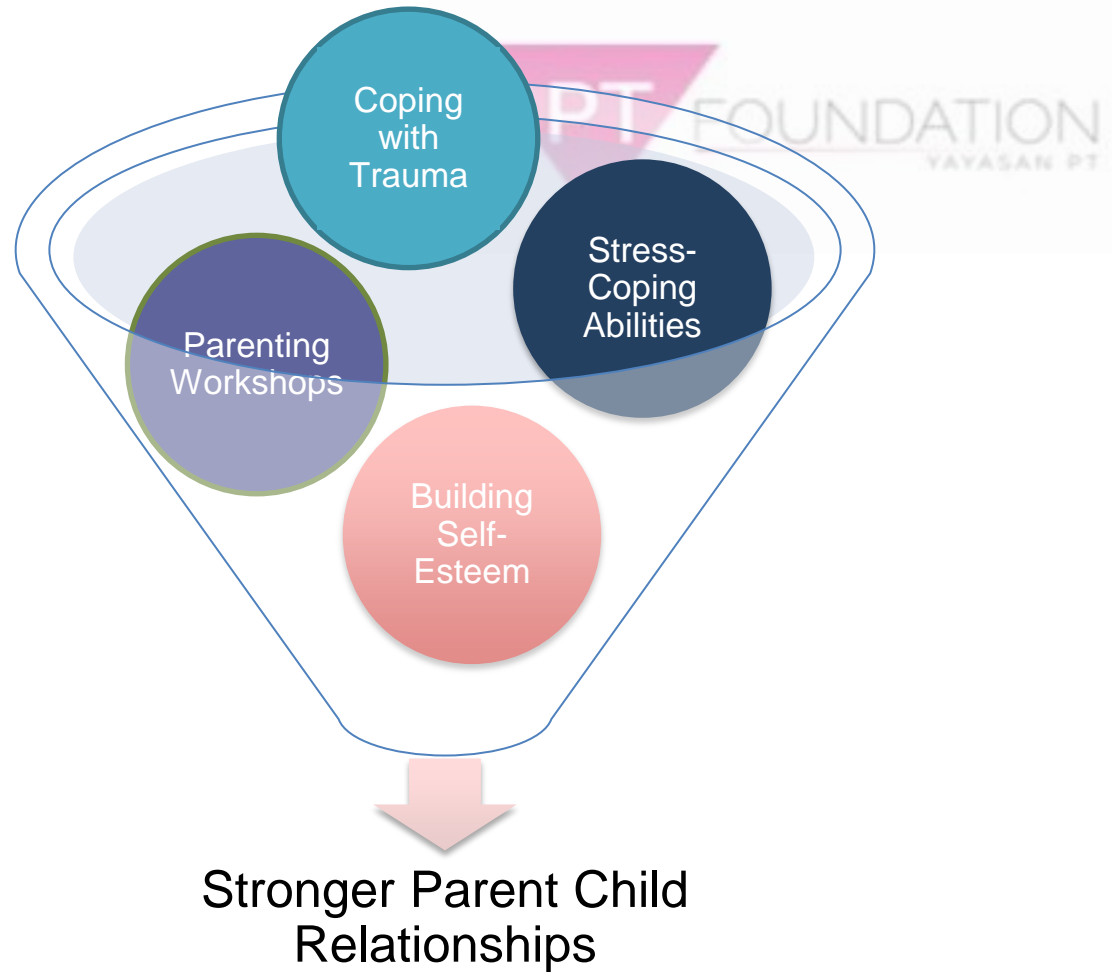
People with this belief achieve success



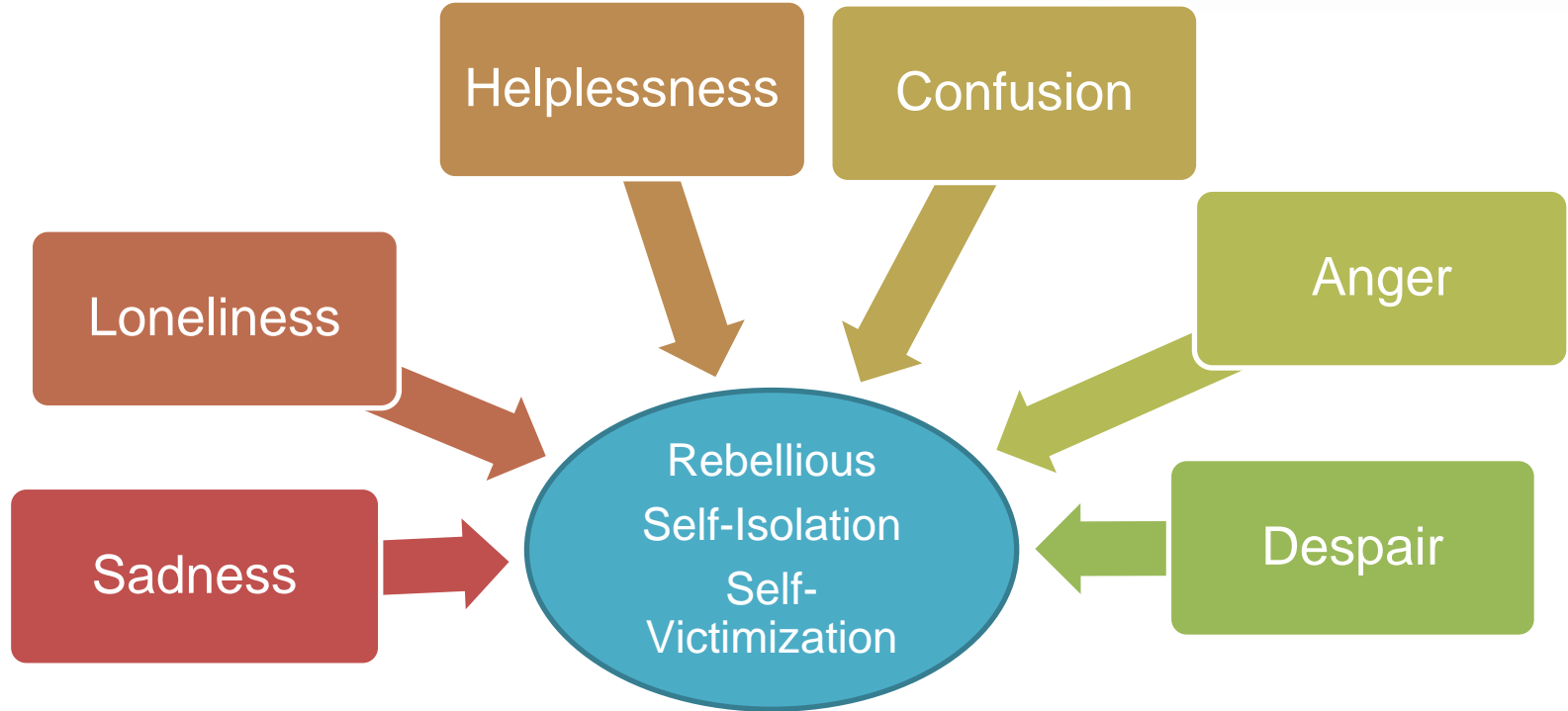
Psycho-social and Academic Mentoring Program



Individual Counseling and Group Therapy for Caregivers



Need for Psycho-social Intervention for Children



Goal: Build Resilience in Children and Youth

FOUNDATION
YAYASAN PT



Emotional Awareness and Self-Regulation

Impulse Control

Optimism

Flexible and Accurate Thinking

Empathy

Self-Efficacy

Connecting and Reaching Out

Why Counseling Students as Mentors?

- 1 Non-Judgmental and Supportive
- 2 Empathy and Genuine
- 3 Strong Listening Skills
- 4 Ability to Identify Underlying Needs Based on Psycho-social Theory
- 5 Enable Client to Express Emotions
- 6 Guide Mentees on Managing Psycho-social Issues

Interview with Dr. Anasuya, One of the Founders



The Psycho-Social Mentoring Program: 36 Sessions



Preparation

- Classroom Training
- Accompany Mentors to Initial Field Visits
- Set SMART Goals

Supervision

- Assessment Submit Every 6 Sessions
- Meetings with Mentors
- Revising SMART Goals

Transition

- Prepare mentee for closure
- Staff meets children during transition

Program Outcomes



All Children	
Total # of Participants:	52
Total Number of Respondents:	35
Number of Children Dropping Out:	17

Children 8 Years and Younger

Do the child like seeing his/her mentor?	13/16
Does the child behave better with his/her siblings?	13/14
Does the child get into less fights than before?	12/14
Is the child more confident in completing schoolwork at home or tuition centre?	12/14

Children Ages 9 and Older

I can share my feelings and thoughts with my mentor.	14/19
I believe that education can change my life in the future	18/19
My relationships with my family members have improved.	10/19

Lessons Learnt From Youth Mentorship Initiative



Dire need for psycho-social support for children from Shelter Homes



Poor Treatment Adherence among HIV-Positive Teens



Need for Stronger Support Systems at School



Scalability of Program